Mental Health Consultant Update

Select Committee on Quality Improvement in State Hospitals

June 30, 2016
Mental Health Consultants Update

Psychiatric Clinical Care Model Consultant
DSHS shall contract with an academic or independent state hospitals psychiatric clinical care model consultant to examine the role of staffing at the state hospitals

Jail Diversion Consultant
The Governor’s Office will contract with a consultant to examine how to best divert persons with mental illness from the criminal justice system and identify appropriate funding mechanisms.

Mental Health System Consultant
Office of Financial Management (OFM) must contract with a consultant examine the current configuration and financing of the state hospital system

Goal: “…to maximize access to, safety of, and the therapeutic role of the state hospitals to best serve patients while ensuring the safety of patients and employees.”

Objective: to inform the Governor, the Legislature, and the Committee on Long-term planning for state hospitals and to provide recommendations for use of Innovation Funds.

Chapter 37, Laws of 2016, 64th Legislature
Role of Select Committee

The committee shall review the selection of consultants and provide input into the prioritization of tasks.

Section 5, Chapter 37, Laws of 2016, 64th Legislature

The committee shall receive updates, monitor, and make recommendations for the use of funds from the Governor’s Behavioral Health Innovation Fund.

Section 4, Chapter 37, Laws of 2016, 64th Legislature
Public Consulting Group

› Clinical education and experience
› Experience with state psychiatric hospitals and community mental health
  » Bed utilization and allocation
  » Staff composition
  » Workforce development
  » Diversion programs
› Finance
  » Federal funding
  » Payment rates
  » Financial incentives
› Project management
› Behavioral health integration
DSHS Staffing Consultant

June 30, 2016

Tasks 1,3,5,6: Initial project planning, research and analysis

Tasks 2,4: Stakeholder engagement

Tasks 7,8,9: Draft staffing model recommendations

Tasks 10,11,12: Final analysis and recommendations

$260,000

$122,000

$64,000

$57,000

$17,000
Jail Diversion Consultant

Task 1: Project kick-off and coordination

Task 2: Assessment of current programs

Task 3: Literature review

Task 4: State-level information gathering

Task 5: National Medicaid policy research

Task 6: Final Report

Total: $177,000

$11,000

$78,000

$10,000

$32,000

$22,000

$24,000
OFM Mental Health System Consultant Estimated Cost Detail

Task 1: Initial Project Meeting & Management $146,000
Task 2: Data Collection and Assessment of Current MH System $128,000
Task 3: Best Practice Research $126,000
Task 4: State-level Information Gathering $64,000
Task 5: Alternative Options and Final Recommendations $192,000
Task 6: Implementation & Transition Plans $60,000

Total Cost: $716,000
Total Estimated Hours: 3,510
Estimated Cost of OFM Mental Health System Consultant Greater Than Anticipated

June 30, 2016

$716,000

$466,000

$250,000

Public Consulting Group Estimated Cost

2016 Supplemental Appropriation

$250,000

$466,000

$716,000

Contributing Factors:

- Increased scope
  - Financing structure and incentives
  - Project management
  - Transition and Implementation plan
- Expedited timeframe
- 10 PCG Staff; 3,510 estimated hours
Consultant Deliverables Timeline

July – September
- All consultants commence work
- Mental health system consultant Initial Findings Report: 9/2/16

October
- Mental health system consultant Final Recommendations Report: 10/1/16
- Staffing consultant Final Recommendations Report: 10/1/16
- Jail diversion Final Recommendations Report: 10/1/16

November
- Mental health system consultant Final Implementation and Transition Plan: 11/15/16