

**PROPOSAL TO ADVANCE  
CO-SPONSORED FORENSIC MENTAL  
HEALTH TRAINING AT  
WESTERN STATE HOSPITAL**

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DECEMBER 15, 2017  
**SELECT COMMITTEE ON QUALITY  
IMPROVEMENT IN STATE HOSPITALS**

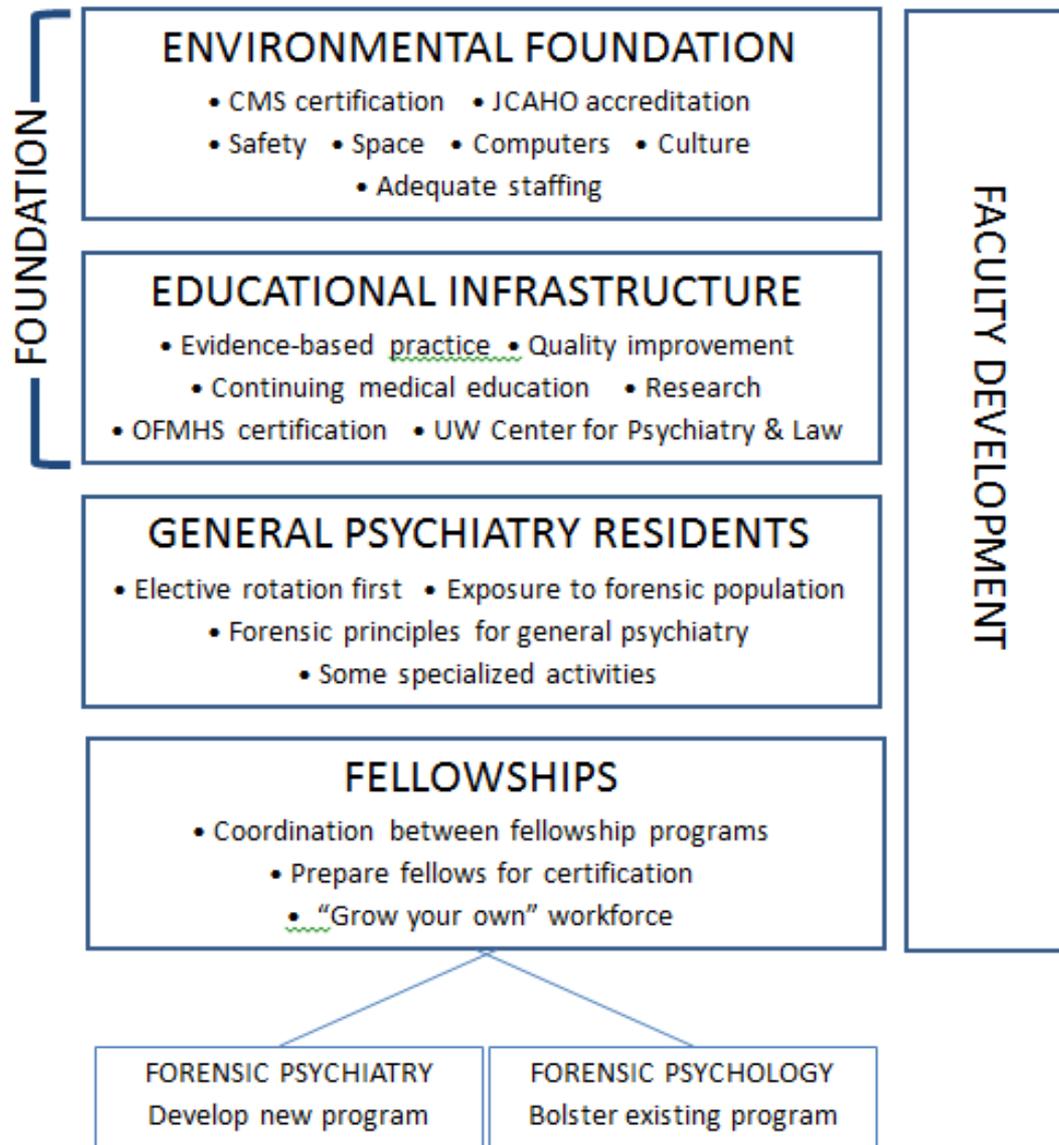
# BACKGROUND

- Western State Hospital and UW formerly co-sponsored psychiatry and psychology training programs.
- In 2015, former WSH CEO Ron Adler asked the department to explore opportunities for renewing the training affiliation.
- In 2016, the Washington state legislature directed UW to conduct an analysis and develop a plan to create a high-quality forensic teaching service in collaboration with WSH
- *Nationally, several university-state hospital partnerships provide excellent models for forensic mental health training*

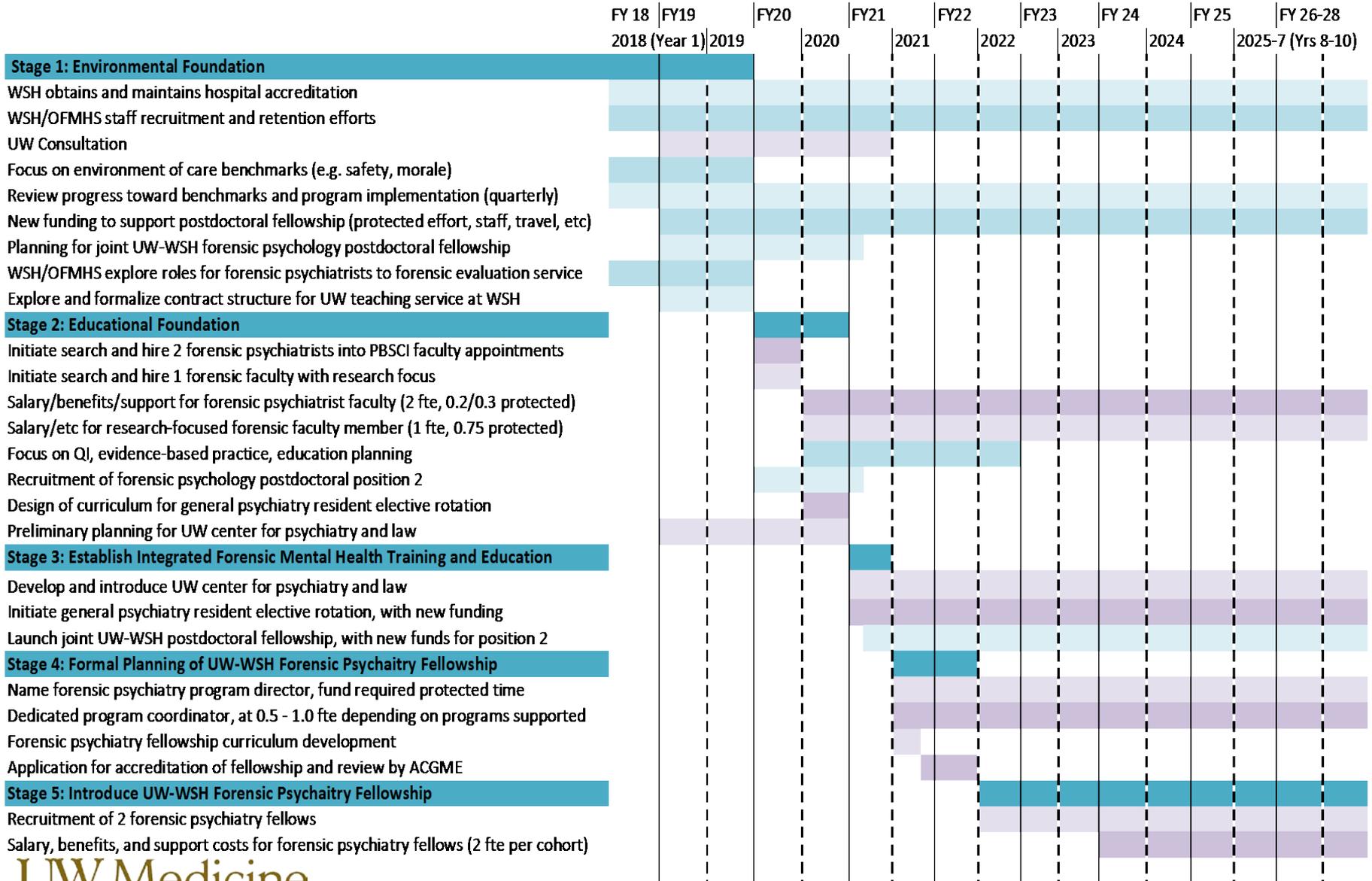
# VALUE OF JOINT TEACHING SERVICES

- Workforce development
  - Focus on forensic psychiatry & psychology
  - Opportunity to grow-our-own
- Quality and timeliness of care at WSH
  - Focus on evidence-based practice
  - Expanded expertise for complex cases
  - Positive impact of trainees in clinical environment
- Better care, better outcomes

# MODEL COMPONENTS



# TIMELINE



# STAGE 1: ENVIRONMENTAL FOUNDATION

2 Years: July 2017-June 2019

## WSH

- Hospital accreditation, staffing, safety
- Staff support (0.1 FTE) for training program

## OFMHS

- Protected time for psychology fellowship director (0.3 FTE), supervisors (0.1 FTE)

## UW

- Ongoing consultation; plan Center for Psychiatry & Law

## All

- Quarterly review of progress

# PROJECT STAGES 2-5

## **Educational Foundation (FY2020)**

- Recruit and hire 3 faculty (2 forensic psychiatrists and 1 with research-focus) to work at WSH

## **Integrated Programs (6 months of FY 2021)**

- Elective rotation for 6 General Psychiatry Residents
- Forensic Psychology Fellowship 2nd position

## **Psychiatry Fellowship Planning (18 mo. FY2021-2)**

- Director named; program application and review

## **Introduce Forensic Psychiatry Fellowship (FY2023)**

- Recruit, hire, and train the 1<sup>st</sup> cohort of 2 fellows
- Cohort starts July 2023

# FUNDING PROJECTION

Stage and key budget elements/additions	Fiscal Year	Total New Funding
1 WSH environment of care, UW consultation	2018	0
Protected time for forensic psychology fellowship director, supervisors and support; support for fellow (fees, travel); expansion of CFS library; UW consultation	2019	\$139,443
2 Search, hire and related expenses for 3 forensic faculty (January start); increased admin support; facilities	2020	\$729,265
3 Salary and related expenses for 2nd forensic psychology fellow, salary and expenses for general psychiatry residents elective rotation, increased admin support, facilities	2021	\$1,238,916
4 Forensic psychiatry fellowship director named , development and application for forensic psychiatry fellowship (application fee, web, etc.)	2022	\$1,362,458
5 Approval and recruitment for forensic psychiatry fellowship	2023	\$1,392,883
Forensic psychiatry fellows (2 positions) start	2024	\$1,737,372

# RISKS & BARRIERS

- WSH certification and accreditation
- Timeline is sensitive
- Adequate staffing and forensic faculty
- Adequate and long term funding
- Unfilled training positions
- Trainees may leave the state following training

# BENEFITS

<b>Patients &amp; Evaluees</b>	<b>WSH</b>	<b>UW</b>	<b>State</b>
Quality and timeliness of care & evaluations	Quality and timeliness of care & evaluations	Offer premier training experience in Serious Mental Illness and forensic mental health	Quality and timeliness of care & evaluations
Inform policy and regulations affecting justice-involved persons	Educational infrastructure supports best practice & innovation	Complementary educational and training opportunities across programs	Leadership in legislation and policy
Better access to providers with specialty training	Recruit & retain a highly trained workforce	Recruit and retain trainees Respond to trainee interest	Retain a highly trained and qualified workforce
Comprehensive evaluations on complex medico-legal cases	Internal consultation services on complex medico-legal cases	Support broader education in forensic mental health	Develop clinician leaders
Research and QI inform patient care and evaluation services	Research & QI to enhance safety, patient care, and evaluations	Expand research in forensic mental health	Research to benefit community
	Foster local and national reputation	Support public mission	Service on community boards/organizations

# NEXT STEPS

- FY2019 investment from the state: \$139,443
- Assuming benchmarks are met within each stage, the program and associated costs will increase up to FY2024
  - Operational costs = \$1.74million/annually
- The partner institutions of WSH, OFMHS, and UW: Continue efforts to meet environmental and educational foundation benchmarks

# WE WELCOME YOUR INPUT

## UW Workgroup Contact List

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