November 13, 2020

TO: All Washingtonians
FROM: Jay Inslee, Governor
SUBJECT: COVID-19 Travel Advisory

The incidence of COVID-19 is increasing in many states and countries. Persons arriving in Washington from other states, or Washingtonians returning from other states or countries, could increase the risk of COVID-19 spread. To learn more about the risk that travel itself poses for COVID-19 exposure, please visit the Centers for Disease Control and Prevention (CDC) page on travel risks.

Travel Advisory for Non-Essential Travel

1. Persons arriving in Washington from other states or countries, including returning Washington residents, should practice self-quarantine for 14 days after arrival. These persons should limit their interactions to their immediate household. This recommendation does not apply to individuals who cross state or country borders for essential travel.

2. Washingtonians are encouraged to stay home or in their region and avoid non-essential travel to other states or countries. Avoiding travel can reduce the risk of virus transmission and bringing the virus back to Washington.

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1 “Non-essential travel” includes travel that is considered tourism or recreational in nature. [https://ca.usembassy.gov/travel-restrictions-fact-sheet/](https://ca.usembassy.gov/travel-restrictions-fact-sheet/)

2 “Essential travel” includes: work and study, critical infrastructure support, economic services and supply chains, health, immediate medical care, and safety and security. [https://ca.usembassy.gov/travel-restrictions-fact-sheet/](https://ca.usembassy.gov/travel-restrictions-fact-sheet/)