

The State of Washington



Proclamation

WHEREAS, a recent report entitled the Diabetes Epidemic and Action Report (DEAR) issued by Washington state agencies calls for “invest(ing) in actions and plans that improve the overall health and reduce the devastation of diabetes in Washington”; and

WHEREAS, the DEAR recommends ten achievable goals to prevent, combat and control diabetes including making diabetes prevention, care and screening tools readily available; and

WHEREAS, per the DEAR, over 640,000 people in Washington live with diabetes today, with marked increases in all forms of diabetes occurring each year here and across the country; and

WHEREAS, the DEAR states that diabetes costs the state of Washington \$3.75 billion today, with a projected increase to nearly \$5.5 billion in today’s dollars by 2024; and

WHEREAS, type 2 diabetes is a preventable and controllable epidemic in Washington which, when left uncontrolled, can lead to life threatening complications like heart attacks, strokes, kidney failure and amputations; and

WHEREAS, diabetes impacts Washington residents from all walks of life regardless of income and socio-economic background – 2 in 5 adults will develop diabetes in their lifetime, and the risk for Hispanic and African American adults living with diabetes is now 1 in 2; and

WHEREAS, combatting diabetes requires partnerships between healthcare centers, community organizations and government interests to help those impacted by the many forms of the diabetes; and

WHEREAS, the state of Washington joins the diabetes community and all others interested in containing the spread of the diabetes epidemic in their commitment to promote awareness, improve treatment and ultimately find a cure for all types of diabetes; and

WHEREAS, the American Diabetes Association Alert Day encourages adults to take a simple risk test to determine their risk of developing type 2 diabetes and take steps to reduce that risk;

NOW, THEREFORE, I, Jay Inslee, Governor of the state of Washington do hereby proclaim March 24, 2015 as

American Diabetes Association Alert Day

in Washington, and I urge all people in our state to join me in this important observance.

Signed this 23th day of March, 2015

Governor Jay Inslee

