

Proposed Mental Health Curriculum

Module 1: Introduction to Mental Illness

Caregiver

Understanding Major Mental Disorders

Myths about Mental Illness

Manager

Understanding Mental Illness
Understanding Major Mental Disorders

Myths about Mental Illness

Module 2: Culturally Compassionate Care

Caregiver

Overview of Culture and Impact
Mental Illness vs. Cultural Beliefs

Manager

Overview of Culture and Impact
Mental Illness vs. Cultural Beliefs
Working with Diverse Belief Systems

Module 3: Respectful Communication

Caregiver

Respectful and Effective Communication
Communication Tips

Manager

Respectful and Effective Communication
Communication Tips

Module 4: Responding to Issues Related to Mental Illness

Caregiver

Hallucinations and Delusions
Decompensation
Relapse

Manager

Hallucinations and Delusions
Decompensation
Relapse

Module 5: Problem Solving

Caregiver

Understanding Challenging Behaviors
Problem Solving Interventions Chart

Manager

Understanding Challenging Behaviors
Problem Solving Interventions
Chart

Module 6: Suicide

Caregiver

Overview of Suicide with Mentally Ill
Appropriate Interventions Chart

Manager

Overview of Suicide with Mentally Ill
Appropriate Interventions Chart

Module 7: Medications

Manager

Overview

Classification of Drugs Chart

Side Effects

Resident Rights

Module 8: Getting Help from Others/Self Care

Manager

Overview of Crisis Resources

Dealing with Anger/Physical Violence

Seeking Outside Help

Stressors