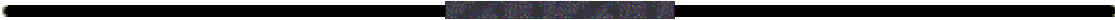


**DD SPECIALTY CURRICULUM
COMPETENCIES**

March 2002





DD SPECIALTY CURRICULUM COMPETENCIES

INTRODUCTION

Following you will find a table of contents identifying each module of the DD Specialty Curriculum. Competencies caregivers must be able to demonstrate are identified for each module.

Caregivers' mastery of the material will be documented by successful completion of a competency test.

The DD Specialty Curriculum is intended to provide introductory information to administrators and caregivers in adult family homes and boarding homes to assist them to provide quality care to individuals they serve who have been identified as having a developmental disability.

Curriculum Materials, a Trainer's Guide and complete Resource Section being developed by the Division of Developmental Disabilities will be available for use in providing this training. Interested parties may choose to use these Competencies and the accompanying Learning Outcomes to develop their own curriculum. Anyone wishing to create and utilize an alternative curriculum must have that curriculum reviewed and approved by DSHS. An alternative curriculum must be "substantially similar to or better than the materials developed by the department".

The curriculum review and approval process is currently being developed. Information about that process will be sent to all adult family homes, boarding homes and, upon request, to other interested parties.

If you have any questions regarding this document or would like to request a copy of the DD Specialty Curriculum Materials, Trainer's Guide and Resource Section call (360-902-0232) or e-mail (rappkam@dshs.wa.gov) Angela Rapp Kennedy of the Division of Developmental Disabilities.



DD SPECIALTY CURRICULUM COMPETENCIES



An Overview of Developmental Disabilities



Values of Service Delivery



Effective Communication



Introduction to Interactive Planning



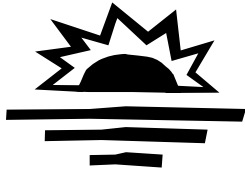
Understanding Behavior



Crisis Prevention and Intervention



An Overview of Legal Issues & Individual Rights



DD SPECIALTY CURRICULUM COMPETENCIES

OVERVIEW COMPETENCIES



Define developmental disability as it relates to the requirement for specialty training in adult family homes and boarding homes.



Describe the following conditions that are classified as developmental disabilities: Mental Retardation, Cerebral Palsy, Epilepsy, and Autism.



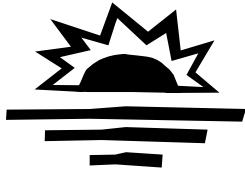
Identify the negative effects of using labels such as "retarded" or "handicapped" to represent people and positive alternatives.



Describe how attitudes toward people with developmental disabilities have influenced services for those individuals over the past 30 years.



Describe the distinction between developmental disabilities and mental illness.



DD SPECIALTY CURRICULUM COMPETENCIES

VALUES COMPETENCIES



Identify the principles of Normalization and its significance to the work of caregivers in adult family homes and boarding homes.



Explain how understanding each individual's needs lead to better services and supports, which in turn lead to better outcomes for the person.



Describe each of the residential service guidelines adopted by the Division of Developmental Disabilities. Identify how the values represented in the guidelines are important in the lives of people with developmental disabilities and how they can be applied regardless of the setting.



Describe the principle of self-determination.



Identify positive outcomes for individuals with developmental disabilities when they are connected to the community in which they live.



DD SPECIALTY CURRICULUM COMPETENCIES

COMMUNICATION COMPETENCIES



List the key elements of effective communication.



Describe the impact communication has on the lives of individuals with developmental disabilities.



Explain the impact a caregiver's behavior can have on eliciting communication.



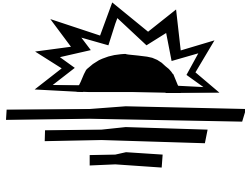
Explain the impact of a person's physical environment on their ability to communicate.



Describe methods of communication, other than verbal, that caregivers might use when supporting individuals with developmental disabilities.



List tips for communicating with individuals with developmental disabilities.



DD SPECIALTY CURRICULUM COMPETENCIES

PLANNING COMPETENCIES



Identify the benefits of using a person centered planning process rather than the traditional planning methods used to develop supports for people with developmental disabilities.



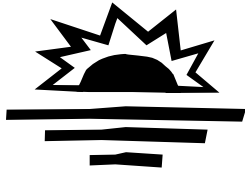
Identify key elements involved in interactive planning done with people with developmental disabilities.



Identify ways to include people with developmental disabilities and their families/if applicable, in the planning process.



Identify the required planning document for the setting in which you work and list ways you can have a positive impact on that plan.



DD SPECIALTY CURRICULUM COMPETENCIES

BEHAVIOR COMPETENCIES



Identify the essential components of the concept of Positive Behavioral Supports.



Define the "ABCs" and describe how to use that process to discover the function of behavior.



Explain why it is critical to understand the function of behavior before developing support plans.



Define reinforcement and identify ways to utilize it as a tool to increase an individual's ability to be successful.



Identify the problems with using punishment to manage behavior.



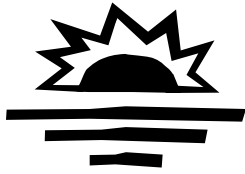
Identify behavior management techniques that are not allowed under DSHS policies and applicable laws.



Identify factors that can positively and negatively influence the behavior of individuals with developmental disabilities.



List steps to be taken when crisis or danger to people is immediate.



DD SPECIALTY CURRICULUM COMPETENCIES

CRISIS COMPETENCIES



Identify behaviors in people with developmental disabilities that might constitute "normal stress".



Define "Crisis".



Differentiate the behaviors an individual who is in crisis exhibits from mental illness.



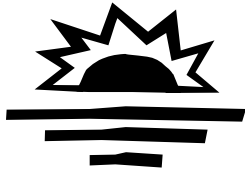
Identify the Principles of Crisis Prevention and Intervention.



Identify what types of situations require outside assistance and at what point that becomes necessary.



Name several ways you, as a caregiver, could provide support to an individual experiencing a crisis.



DD SPECIALTY CURRICULUM COMPETENCIES

LEGAL RIGHTS COMPETENCIES



Explain how the rights of individuals with disabilities compare to those of the general population.



List the rights of individuals living in adult family homes and boarding homes and the laws that support those rights.



Describe how caregivers can help individuals to exercise their rights.



List ways a caregiver must safeguard each individual's confidentiality.



Describe the three types of guardianship an individual with developmental disabilities might be subject to and why.



List less intrusive alternatives to guardianship.



Describe the responsibilities, powers and limitations of a guardian.



Describe the relationship between service providers and guardians/families.