

Template/Format for DDD Adult Family Homes Continuing Education options:

1. These courses would not require FOC as a prerequisite, but AFH providers and caregivers that would take these for their continuing education would be required to have FOC.
2. These are various options tailored to the support of individuals with developmental disabilities. These can be taken to fulfill the requirements of annual continuing education requirements, which is presently 10 hours for both AFH providers and caregivers. There are many options out there, but this is what is tailored towards the needs of people we provide support to. The length of these classes can range anywhere from 4 hours to multiple days, depending on topic, depth of information, and current understanding by audience. This is a sampling of classes that were offered during the year of 2007:
 - Basic Nutrition and Meal Planning
 - Understanding and Supporting Individuals with Diabetes
 - Wellness and Recovery in Mental Illness/Developmental Disability
 - Setting Boundaries
 - Handling Conflicts
 - Positive Supports in Daily Interactions
 - Functional Assessment and Developing Positive Support Plans
 - Positive Crisis Management
 - Planning for Quality of Life
 - Understanding Down Syndrome
 - Overview of Autism Spectrum Disorder
 - Overview of Dual Diagnosis
 - Communicating for Success
 - Understanding Seizures
 - Negotiated Care Planning
 - Providing Support in Grief and Loss
 - Overview of Anxiety Disorders
 - Non Verbal Communication Strategies
 - Person Centered Planning
 - Building Social Skills
 - Healthy Aging
 - Fetal Alcohol Spectrum Overview
 - Reducing Risk of Sexual Abuse
3. Training delivery- these trainings are delivered by the trainer, in person.
4. Current user groups- these trainings are available to many different groups who support or plan for individuals with developmental disabilities, such as: community providers (residential and vocational), families, schools, individuals with developmental disabilities, boards, DDD staff. For the sake of this AFH template, these trainings are available to AFH providers and caregivers to satisfy continuing education requirements.

5. Like mentioned before, these satisfy continuing education for AFH providers and caregivers.
6. Funding source- Training and consultation is funded through DSHS contract; there are no charges to participants.