

## Template/Format for Certified Geriatric Training for Adult Family Homes:

1. Initially set up for people who are required to take FOC and who have also completed the 48 hour AFH Administration Course. (Any care giver can complete for plain ceus)
2. 52 credit hours on current geriatric care topics which assists providers in developing and enhancing health promotion interventions to prevent disease and postpone further disability for the older adults they serve. There is a core curriculum of 10 modules to be completed by all participants. The remaining modules are personal choice to complete for a total of 52 credits. Each module has a test to obtain credit.

### **Core Curriculum Modules (10- all video):**

- Arthritis
- Delirium
- Diabetes
- Elder mistreatment
- Family Issues
- Grief and Loss
- Osteoporosis
- Preventing Falls
- Preventing Stroke
- Skin Care

### **Then, 23 modules of 1 ½ credit hours each include (in bold are ones that are required):**

- **Arthritis Treatment**
- Behavior disturbance in dementia: evaluation and treatment
- Complementary medicine/herbals
- **Delirium**
- Dementia
- Depression: A Psychological Perspective
- Depression in Late Life: A Psychiatric Perspective
- **Diabetes Mellitus**
- **Falls Prevention: A Nursing Perspective**
- Falls Prevention: A Physical Therapy Perspective
- **Family Issues and Aging**
- **Grief and Loss**
- Health Habits: Seven Habits of Healthy People
- Medications: Optimizing Medication Use
- **Mistreatment: Elder Mistreatment**
- Oral Health Care
- **Osteoporosis**
- Palliative Care
- Physical Activity
- **Skin Care**

- Sleep Disorders and their Treatment
- **Stroke Prevention**
- Women's Health Issues

**17 Four Credit Hour Workbook Modules:**

- Behavior Change: Changing Behaviors to improve health
  - Dementia and African American Elders
  - Depression and African American Elders
  - Health Promotion: Health Promotion for Rural Communities
  - Health Promotion: Promoting Health for Aging Families
  - Hearing Loss
  - Latino Health
  - Men's Health: Promoting Men's Health
  - Nutrition
  - Nutrition in Developmentally Disabled Elders
  - Osteoporosis in Developmentally Disabled Elders
  - Physical Activity in Developmentally Elders
  - Physical Activity- Multicultural Perspectives
  - Prevention: Preventive Health Care
  - Program Implementation: Implementing Programs in Community Settings
  - Stress Management
3. Training delivery is online, video, and workbook, through the University of Washington Continuing Nursing Education Unit.
  4. Current User groups: adult family home providers. But it is available to any care giver who is willing to pay fee for CEU's
  5. This training results in a "certified adult family home license" for adult family home providers who complete the total of 100 combined credits. CEU certificates are presented to nonprovider care givers by the UWCNE unit.
  6. The charge is \$300 for completion of 52 credits.