

August 23, 2007

Summary of Parent Provider Training for parents providing Medicaid Personal Care for their child ONLY. The Arc of Washington holds contract. Contact Sue Elliott, Executive Director or Bean Driscoll at 360-357-5596

1. Category of Training – Not required to take the Fundamentals of Care if the parent is providing care ONLY for their own adult child.

2. Review of Curriculum, Content, Hours of Training –
Parent Provider Training
 - Welcome and Introductions: This provides information to the trainer and the parents who are present in order to facilitate networking opportunities for the families. A list of “burning questions” is created and will be answered if not covered in the curriculum.
The needs of the families are noted and information on other specific programs or opportunities is addressed. This may include but is not limited to supported employment, recreation, socialization, legal resources etc.
 - Medicaid Personal Care Program Summary: This summary is covered in detail in order for families to understand the program.
 - CARE Assessment: This section is to help families determine if the current assessment is accurate or to give more accurate information in future assessments.
 - Person Centered Planning: This information is to help families understand how this process can help the person with disabilities and their family create a picture of the future and thus facilitate long term planning for the individual.
 - Future Planning: This section gives the families information on wills, Special Needs Trusts including the State Endowment Needs Trust, and guardianship.
 - Government Benefits: This portion includes information on programs available such as services from the Division of Developmental Disabilities (now including the new assessment process) and Social Security Administration Programs.
 - Local Resources: This section may include other day programs or opportunities for the person with the disability and their family to have a meaningful week and integrate into their community.

3. Training Delivery -- Delivered by the parent trainer contracted thru the Arc of Washington
4. Current User Groups – Parents who are providing care only for their adult child.
5. Portability and Articulation -- Completion of the six hours of parent provider training results in a certificate. Parents may attend a half hour presentation from SEIU at the beginning of their Medicaid Personal Care Training. Completion of the Safety Training by attending a class or reading the required material and submitting and attestation letter is also required. There is no requirement for continuing education. The vast majority of parent providers plan to support their adult son/daughter only.
6. Funding Source – Training is funded by DSHS Division of Disabilities contract to the Arc of Washington.

ADDITIONAL COMMENTS

We feel it is important to gather families together in geographically similar groups to provide the greatest opportunity for them to network and share community resources and opportunities. This can be difficult for some families to coordinate along with finding coverage for their son/daughters care while they are at the training. It is also important that the groups be small enough for this networking to occur. This also poses some difficulties due to the time constraints regarding completion of the training.

We also believe that whenever possible the trainer should be a parent of a person with a developmental disability. Along with the formalized “training for the trainers” this personal experience provides a depth of understanding for families that cannot otherwise be achieved.

67% of the people with developmental disabilities live with their parents. These parents are a different set of providers who have already given care to their adult children for at least 18 years before “training” is required.

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