

August 23, 2007

Summary of Training and Consultation Topics available through DSHS Contract #:0734-24278 – Training and Technical Assistance and Specialty Training for Division of Developmental Disabilities (DDD); O’Neill and Associates, Contractor.

- 1. Category of Training – not required to complete FOC**
- 2. See Below**
- 3. Training Delivery – delivered by trainer**
- 4. Current User Groups – depending on request, may include some or all of following groups who support or plan for individuals with developmental disabilities: community providers(residential and vocational), families, schools, individuals with developmental disabilities, boards, and DDD staff.**
- 5. Portability and Articulation – successful completion of the DD Specialty Training does result in certificate. Other trainings would be appropriate as continuing education hours.**
- 6. Funding Source – training and consultation is funded through DSHS contract; there are no charges to participants.**

DD Specialty Training – 18 hours

Content Includes:

- **Overview of Developmental Disabilities**
- **Values of Service Delivery**
- **Effective Communication**
- **Introduction to Interactive Planning**
- **Understanding Behavior**
- **Crisis Prevention and Intervention**
- **Overview of Legal Issues and Individual’s Rights**

Other Topics (length of class ranges from 4 hours to multiple days depending on topic, depth of information, and current understanding by audience) This list represents trainings/workshops that were offered in FY 07 – it is probably not inclusive – as I might have missed some topics in my quick review.

- **Basic Nutrition and Meal Planning**
- **Understanding and Supporting Individuals With Diabetes**
- **Wellness and Recovery in Mental Illness / Developmental Disability**
- **Setting Boundaries**

- Handling Conflicts
- Positive Supports in Daily Interactions
- Functional Assessment and Developing Positive Support Plans
- Positive Crisis Management
- Planning for Quality of Life
- Understanding Down Syndrome
- Overview of Autism Spectrum Disorder
- Overview of Dual Diagnosis
- Communicating for Success
- Understanding Seizures
- Negotiated Care Planning
- Providing Support In Grief and Loss
- Overview of Anxiety Disorders
- Non Verbal Communication Strategies
- Person Centered Planning
- Building Social Skills
- Healthy Aging
- Fetal Alcohol Spectrum Overview
- Reducing Risk of Sexual Abuse

In addition, there were several conferences offered through the above contract in FY 07– some did require small fee to attend, but all offered stipends for family members and individuals with disabilities:

Wellness in Down Syndrome – presented by Dr. Dennis McGuire
Physicians Update Conference
Creative Housing Conference
Valued Lives Conference – Wenatchee September 2006

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